

ISSN-2229-4864 (PRINT)
RNI Regn No. 107536/2010

PRANGNYA

Volume-8 . Issue No.- 1 . Quarterly . September 2017

Journal of Social Sciences

AGENCY FOR MANAGEMENT, ADVOCACY, RESEARCH,
IMPLEMENTATION, SERVICES AND TRAINING ON YOUTH AFFAIRS

AMARISATYA

TITLE: EFFECT ON GROWTH AND HEALTH STATUS AMONG PRESCHOOLERS THROUGH ICDS SCHEME.

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Abstract

The present study was conducted on the nutritional status of pre-school children of 3-6 yrs of age in both rural and urban areas of Ganjam district. 150 pre-school children were selected by random sampling method. Anthropometric measurements i.e. Height (c.m.), Weight (k.g.), Arm circumference (c.m.), Head circumference (c.m.) were taken as indicators for nutritional status for the study. The study revealed that the growth rate like , Yellow, White, Red and Green of each child both boys and girls. To assess his/her physical development and nutritional status of the children.

Key words: Anthropometric, Nutritional, Indicator, Physical, Mortality.

Introduction:

ICDS is the worlds largest program for the holistic development of children between the age group 0-6 years, pregnant and lactating mothers and adolescent girls. With a view to improving the health and nutritional status, the special nutrition programme has been included as one of the most important components of the ICDS program. It's core aim is to improving awareness of the community as a whole, and brings about the behaviour change. ICDS has been provided significant assistance to as the nation's health and education system for decades. The Ministry of Women and Child Development (MWCD) Scheme of India established ICDS in 1975 in Sundargarh district of Odisha. It is the worlds largest early child development program.

Malnutrition is leads to most of the anthropometric deficits observed among

children in the worlds less developed countries. (WHO, 1995). The infant mortality rate (IMR) is a guage of a society's attention to children's health and is often used as an indicator of the health status of a population as a whole. This rate is a particular concern for American public health professionals because the infant mortality rate in this country is very high compared with that of other industrialised countries. Poor and inadequate nutrition leads to malnutrition, morbidity and mortality among children. To overcome the mortality and morbidity and to upgrade the nutritional status of children, Government of India, providing health, nutrition and educational services, launched a multifaceted program named as ICDS.

In a contemporary civilized society primary health care would play a significant role in promoting effective human development & is the backbone of the Indian health system.